

SERVICE CATALOG 2026

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IV Therapy.

While you may take enough supplemental vitamins and minerals each day to ensure your good health, many of those intended nutrients don't successfully make it into your bloodstream, where they act fast to support your systems. **Tablets and capsules have an absorption rate of 25 to 80 %**, depending on your health, age, and the manufacturing process of the supplements. **IV vitamin therapy, on the other hand, delivers 90-100% of the dose absorbed.**

What Is IV Therapy?

Intravenous (IV) treatment is a medical technique that bypasses the digestive system to **ensure immediate nutrient absorption**. Its administration delivers nutrients, fluids, blood, or other substances into a vein, where they enter the bloodstream. **IV medication has an absorption rate of 90-100%**. Medical professionals use this technique to effectively treat dehydrated and nutrient-deficient patients.

A medically necessary IV infusion is used to treat various serious diseases. A well-known example of this is IV antibiotic therapy for infections. However, over the last decade, **people who care about their health often choose elective IV therapies to support their health and well-being.**



Wellness IV can support your body in the achievement of

Healthier skin

Boosts to your immune system

Reduced hangover symptoms

Energy boost

Better complexion

Necessary hydration after an illness, such as the flu

Detox from environmental hazards

Stress relief support

Improved concentration and mental focus

Increased calmness and relaxation

Effective recovery following high-performance athletics

Consider those IV treatments—consult me to choose best for you!

Myers' Cocktail.

This customized compound typically consists of magnesium, B vitamins and vitamin C. It's an **anti-aging** therapy that helps strengthen your **immunity**, boost **energy** levels, and reverse many of the signs of **aging**.

Pair
excellent
with

This combination is also known to support healthy **hair and skin**

Glutathione IV.

This popular protocol for **regenerative** IV therapy enables cell regeneration and **detoxification**. The mixture of ingredients also supports treatments for multiple sclerosis, **neuropathy**, Parkinson's disease, **dementia**, and other illnesses.

Vitamin C IV therapy.

Compared to the Myers Cocktail, this protocol uses a higher dose of the vitamin. The high-dose vitamin regimen helps manage **Lyme** disease, **chronic viral infections**, **allergies**, and more

Hangover IV

Consists of liver-supporting vitamins, electrolytes, restoring minerals, and medication for nausea. Use for fast recovery from **ETON** intoxication.

IV hydration.

This IV therapy helps **replace fluids and electrolytes** lost due to acute problems such as vomiting, diarrhea, fever, or hangover (treatment of **dehydration**)

Specialized wellness IVs are targeting more specific conditions

NAD+

anti-aging IV therapy.

This drip IV therapy contains an essential enzyme — nicotinamide adenine dinucleotide (NAD+) that many people lack in sufficient quantities. This therapy **repairs damaged cells** and **reverses the effects of oxidation in the body**. The NAD+ injection is known for a **significant boost in energy, mental clarity, and anti-aging benefits**

Methylene Blue is not common to find, but it is a very powerful supplement. It was developed in the 19th century as a textile dye. Surprisingly, it has shown many health-supporting benefits, including strong **antibacterial** effects, **detoxification**, and support for cellular **energy**. Even more important, it works against many **brain disorders**, including **dementia, Alzheimer's, Depression, and chronic headaches**. It is also supportive to the peripheral nerves and helps to alleviate symptoms of **neuropathy**.

Alpha-Lipoic Acid (ALA) infusion is a useful support for normalizing blood glucose levels (**prediabetes and diabetes**). It is also used in **diabetic and post-chemotherapy neuropathy** and in combination with other ingredients to support **mental clarity and productivity**. **ALA** benefits **the liver**, helps to **eliminate heavy metals**, and supports stabilization of the immune response in **autoimmune disorders**.

IM/SC injections is effective alternative rout to administer wellness compounds to your body bypassing GI tract. Those injections can be a good choice for people who has difficult vein access or just afraid or have little time. Depend on injection, it done 1-2 times a week.

Glutathione. Supplementally, glutathione can be taken to address and reduce the risk of cataracts, glaucoma, aging, alcoholism, cancer, heart disease, liver disease, lung disease, Alzheimer's disease, Parkinson's disease, osteoarthritis, diseases that break down the body's immune system and many more.

Great Amino Many individuals may lack the recommended levels of amino acids needed. This can cause fatigue, weight gain, disrupted sleep cycles, and more. Amino Blend injections can help address these symptoms.

MIC injection (Methionine, Inositol and Coline) is a top-selling injectable weight loss solution designed to boost metabolism, increase energy and support your weight loss journey. MIC base may combine with vitamin B12 and /or B-complex to enhance potential

Taurine is an amino acid that plays an important role in supporting various biological functions, including cardiovascular health, liver function and metabolic processes.

B 12 injections: helpful with issue of fatigue and anemia for the people who is deficient on Vitamin B12

Advanced Biological Treatments for Hair Restoration and Facial Rejuvenation

Modern aesthetic medicine emphasizes natural, regenerative solutions. Biological treatments like PRP and umbilical cord-derived exosomes support your body's own healing, fostering trust and confidence in these safe, natural options. Although those treatments are considered experimental in the USA, they have been in use for more than a decade and have become increasingly popular year by year.

PRP (Platelet-Rich Plasma) uses your own blood to create your treatment agent. Blood is processed in a specialized centrifuge, separating red blood cells from plasma and platelets

What do Platelets do? Platelets release growth factors that regulate the healing process by signaling to surrounding cells to repair damaged tissue and regenerate new tissue. After treatment, you may notice improvements in the quality and appearance of your facial skin. In scalp health, hair thickness, or skin texture, within a few weeks, with optimal results typically seen after several sessions. Our team will guide you on realistic timelines based on your individual goals

Umbilical cord extracellular vesicles(UC-EVs), known as exosomes, are tiny messaging particles obtained from umbilical cord tissue after healthy births. They are not stem cells and cannot multiply in the body, but carry growth factors, peptides, cytokines, and genetic signals that promote cellular communication, supporting regeneration and reducing inflammation. In aesthetic medicine, exosomes are used alongside procedures like microneedling, laser resurfacing, PRP, and hair restoration to enhance results and support healing. In aesthetic medicine, exosomes are used as an adjunct to procedures such as microneedling, laser resurfacing, PRP, and hair restoration treatments. They promote natural rejuvenation, helping you look and feel your best.

In our clinic, we use biological products from well-recognized, FDA-supervised human tissue manipulation laboratories located in the USA. Raw material obtained in accordance with legal and ethical standards. All products are tested for blood-borne pathogens and certified to be safe for use on the skin.



PRP and UC-EVs can be used for the same health or aesthetic goals in technically similar procedures, either alone or in combination. You may ask, “What product is most effective?”



The effectiveness of PRP depends heavily on your body's resources, and they decline with age or poor health. For this reason, you may require more PRP procedures with a slower body response. In general, PRP is a good choice for people aged < 35 years; moderately effective in mid-life; and has a lower chance of success after age 65.



Only used UC-EVs provide you with the benefits of the resources the human body has on the first day of life. It is a powerful stimulant for skin and hair. However, the biological product's volume is limited to approximately 4 ml, which may not be enough to cover large areas or areas with higher demand for the product.



The procedure can be done by combining PRP with UC-EVs. In this case, you receive your native plasmas with all the benefits of PRP, enhanced by the powerful resources of exosomes, in an amount that is enough and effective. You can expect to achieve results faster, better, and with fewer procedures than with PRP or UC-EVs alone.

Weight loss is a long journey, and there is no one solution that works for everybody. Diet and exercise are the two essentials that will always be required for healthy weight loss, no matter what other weight loss support options you choose.

A weight-loss consultation is the proper first step toward your goal. During this consultation, we will perform blood tests to screen for medical conditions that may contribute to both weight gain and difficulty losing weight. You will have a body composition analysis, which will provide you with a better understanding of your current situation. Then we will review your weight-loss options and create a plan.

GLP-1 medications. Medications in this pharmacological group were originally developed for the treatment of diabetes but have become very popular over the last several years for weight loss. However, they have proven so successful in weight-loss assistance that the company-developers developed an FDA-approved weight-loss option. We will help you obtain Zep-Bound (tirzapatide) and Wegovy (semaglutide) in the most cost-effective way, directly from patent-holding pharmaceutical companies, and supervise your health while you use those medications.

Weight-loss supporting injections (compounding)

MIC injections (see page 5 for info)

Great Amino (see page 5 for info) – the best choice for active athletes who work out at least 3 days a week.

Vampire Facial.

A vampire facial is a CMA-protocol-based procedure, one that has been well discussed on TV and in the public media. This procedure is beneficial for superficial skin rejuvenation. It combines the benefits of medical microneedling with exposure to platelet-released growth factors, promoting a fresher, healthier look. It has the potential to reduce superficial scars.

No injections are performed during this procedure. Blood is drawn from your vein, and PRP is prepared in our clinic. The PRP is then applied superficially to your skin after microneedling, with minimal downtime. Our staff will provide detailed pre- and post-care instructions to ensure optimal healing and results.



Vampire Face Lift

Vampire face lift is yet another procedure regulated by the CMA protocol. This procedure combines the benefits of dermal fillers and PRP treatments. First, filler is placed in the designated area of the face to replace volume and provide support. Then the PRP product was applied over the fillers in the same areas. Because dermal fillers are hydrophilic, PRP ensures the most effective extension of the medications for the best possible effect. PRP product release growth factors stimulate collagen rejuvenation and skin restoration. Working together, those two components promote the



PRP (PRP with exosome) Skin Rejuvenation

This procedure is a step up compared to Vampire Facial. During this procedure, Biological is injected into the skin using a needle and syringe. In the skin, growth factors are released, triggering a chain of chemical events like those triggered by minor trauma. The process activated natural stem cells in the skin, promoted collagen formation, and repaired skin defects that accumulate over time. It helps reduce the appearance of superficial wrinkles. It provides minor subdermal volume restoration, though less than can be achieved with dermal fillers.

Biological SKIN Rejuvenation is well-suited for combination with microneedling. In this combination, microneedling helps break down scar-like tissue in the skin and creates a pathway for younger-looking skin.

This combination is also very effective for large pore reduction



PRP (or PRP with exosomes) for hair loss.

This procedure is very popular among men and women experiencing hair loss. It helps preserve the hair and supports potential hair regrowth. It is also recommended post-hair transplant to improve implant survival.

PRP is injected into multiple sites on the hairy scalp. Local anesthesia is available for this procedure but is not needed in most cases.

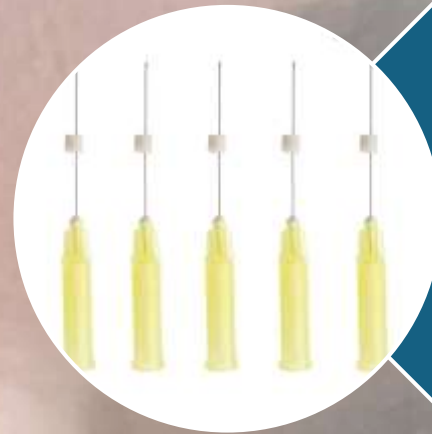




Face Aesthetic procedure using a manufactured preparation to help correct minor defects associated with aging.



Dermal Fillers are hyaluronic acid products, injected subdermally, that provide mechanical support for the skin and replace volume. Can be used for multiple facial appearance corrections: nasolabial folds, lips, cheeks, and more



Surgical PDO Threads is a method that uses surgical suture material to correct minor defects such as saggy skin and superficial intradermal wrinkles, which do not respond to botulinum toxin. Those threads are fully absorbed by hydrolysis within 4 to 6 months, without creating any scar tissue. The foreign body stimulates collagen synthesis & the skin structure created will hold for another 12 to 15 months. The threads used for minor non-surgical skin lift, most successful for jaw line, neck, and chin (type of thread is "Barb"), and to improve skin tidiness at cheeks, folds, neck (types of thread are "smooth" and "twist").



Botulinum toxin is a group of products that are injected into the muscle, causing temporary 3-6 months of paralysis, resulting in a decrease in the appearance of motion wrinkles



A New Standard of Modern, Accessible Longevity Care

Svetlana Pyatigorskaya NP in family Health PC combines warm, relationship-centered primary care with advanced longevity science—built on the belief that every person deserves access to high-quality preventive healthcare.

Our model blends insurance-based primary care with optional concierge membership enhancements, ensuring accessibility for middle- and lower-income individuals while offering expanded support for those who want it.

We deliver care that is modern, evidence-based, and deeply human.

What We Offer

Our Core Promise

Warm, attentive, unrushed visits

Clear explanations without jargon

Preventive care you can actually understand

Advanced testing is available to everyone

A welcoming, judgment-free environment

True partnership in your long-term health

You deserve to feel valued, heard, and supported

Health care standards at best (Insurance-based):

Primary care visits

Preventive screenings

Chronic condition support

Wellness guidance

Routine labs

Sick/urgent Visits

Longevity & Optimization Services (not covered by insurance)

Advanced biomarker testing

Hormone & metabolic optimization

IV nutrient therapy

Regenerative procedures

Aesthetic enhancements



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