



Vitality NP NYC
SVETLANA PYATIGORSKAYA NP FAMILY HEALTH

Service Catalog

Fall 2021

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IV services

Product	Description	Price
Mayer's cocktail	This infusion is a mix of vitamins and minerals. It contains magnesium, calcium, several vitamins of group B and vitamins C. The common indications for this IV is a general health support, fatigue, stress, chronic musculoskeletal pain. (Procedure time under 60min)	\$150 (one) or \$480(pack of four)
Glutathione	Powerful anti-oxidant, anti-inflammatory, support normal function of nerve cells, detox –helps to clean the liver from heavy metals. Helps to improve functioning capacity at autoimmune disease, liver and gut disease, brain fog, MS, dementia, neuropathies, Parkinson's and “chemo brain”(procedure time under 60 min)	\$250 (one) or \$880 (pack of four)
Combination Mayer's and Glutathione	This is a combination recommended by American Academy of Anti-aging Medicine. This combination increase benefits of both IV infusion and gives best better results. (Infusion time 60-90 min)	\$350 (one) or \$950 (pack of four)

IV services

Product	Description	Price
Personalized vitamins and mineral mix	This infusion is a hand-crafted to your health needs and made for you only. May include vitamins, minerals, peptides and amino acids. (Procedure time under 60 min)	\$350 (one) or \$950 (pack of four)
Immune support	This infusion is a combination of vitamins, minerals and peptides which support and balance immune system and help recovery after acute infection event, including post viral fatigue syndrome. It is also improved general wellness at chronic viral infections (procedure time under 60 min)	\$200 (one) or \$750 (pack of four)
Anemia support	This infusion is a mix of vitamins and mineral which helps recover from anemia. Include vitamins B12, Folic acid, Vitamin B complex, Vitamin C, Cooper, trace elements. Does NOT contain Iron. (Procedure time under 60 min)	\$150 (one) or \$480 (pack of four)

IV services

Product	Description	Price
Braine Health	Include combination of Glutathione, NAD + and Methylene Blue. NAD+ is a vitamin well known for brain support, memory support, also used for blood glucose optimization, heart disease, vision problems and premature skin aging prevention. Methylene Blue is detoxicant, has anti-infection capacity, improves mood problems and is neuro supportive. This infusion must be administrated slow, please allow 4-hour time in the clinic for this procedure.	\$400 (one)
High dose Vitamin C	This infusion is recommended for oxidative therapy. Blood works prior to infusion are required. Indications: infections, Lyme syndrome, allergies, sensitivity to chemicals, autoimmune disease, chronic pain. (Infusion time between 30 min-2.5 hours depends on the dose of infusion)	\$300 (one)
ALA	This infusion support normalization of blood glucose, helps to minimize side effects of chemotherapy, helps heavy metals detox. Can not be combined with other infusions on the same day. (Infusion time 120 min)	\$200 (one)
	Additional infusion services are available. Please ask.	

Injections (intramuscular and subcutaneous)

Service	Description	Price
MIC	MIC injections are weight loss support compound. It contains essential amino acids: Methionine, Inositol and Choline + L-Carnitine and variation of vitamins group B. In addition to weight loss support, it improves energy, support normal function of the cell, helps detoxification, improves glucose and fat metabolism. It is given twice a week	\$200 for five injections or \$250 for ten injections
GOAL	GOAL (Glutamine, Ornithine, Arginine and Lysine) injections are weight loss support compound which is best for active athletes. It help to lose weight and increase lean muscular mass, improve exercise tolerance. Recommended to people who exercise at lest 3-4 times a week. It is given twice a week	\$200 for five injections or \$250 for ten injections
B12	Injections of Vitamin B12. Helpful for people with Vitamin b12 deficiencies. Blood works for Vitamin B12 levels recommended prior to injections. Supportive to energy levels, anemia, brain health. Given one a week.	\$25 for one injection or \$100 for 5 injections
Vit D	It is a weekly injection of Vitamin D. Good alternative for people with Vitamin D deficiency and poor response to oral Vitamin D supplementation. Blood works recommended.	\$25 for one injection or \$100 for 5 injections
CoQ10	Coenzyme Q10 is best known for its cardiac protective benefits, but it is also important for normal cell function, metabolism, energy production and normal function of thyroid. Given weekly	\$25 or one injection or \$100 for 5 injections

Hair restoration

PRP (Platelets Reached Plasma) injections	<p>PRP harvested from the patients own blood. Blood collected like the routine blood works, then it will be spined in the centrifuge and separated to the plasma with platelets and other blood components. The portion of plasma with platelets will be injected into the scalp area. The goal of this treatment is to stimulate blood supply to hair root, which will resulted at decrease of the hair loss, improve quality of the hair and hair re-grow. PRP is considered experimental treatment, it is not FDA approved for indication of hair loss.</p> <p>There are recommended course of 4-6 procedure one month apart. The hair grow is expected after 3-4 procedures.</p>	<p>\$400 (one) \$750(pack of two) \$1200(pack of four)</p>
EV-PURE+: UCTMSC-N (Umbilical Cord Tissue Mesenchymal Stem Cell Nanoparticles) injections	<p>This treatment combine benefits of PRP enhanced by adding donor stem cell nanoparticles. The stem cell product is made at the FDA supervised lab in complacency with human tissue manipulation protocols. It is approved for the use on the skin. However, as all stem cells therapies at USA, it is an experimental treatment. The procedure experience for the patient is the same as the PRP injections. However, because the higher potent of the factors supporting hair re-grow in the stem cells product, only one procedure is needed. The hair re-grow expected in the 3-4 months post procedure.</p>	<p>\$750 (one)</p>

Face Aesthetic

Service	Description	Price
Vampire Facial	<p>Vampire Facial is an CMS branded procedure. We are the official provider licensed to perform this service.</p> <p>Blood draw and spined in the centrifuge separating into the plasma with platelets (PRP) and other blood components. PRP part will be applied topically on the skin surface. Then medical micro needling procedure using electrical needling devices will be done.</p> <p>The procedure helpful with skin rejuvenation and scar reduction.</p>	<p>\$300 (one)</p> <p>\$550 (pack of two)</p>
Vampire Face Lift	<p>Vampire Face Lift is CMA branded procedure. We are the official provider licensed to perform this service.</p> <p>The procedure include combination of Dermal Filler (1-2cc) and PRP subdermal injections. Dermal Filler creating volume support to the areas of age-related volume deplete. PRP promotes stimulation of collagen and elastin in the skin; it is also stimulated sleeping stem cells and promotes old damage repair. Together, this procedure allows non-surgical face lift and promote natural health appearance of skin.</p>	<p>\$1000 procedure using 1 cc dermal fillers</p> <p>\$1500 procedure using 2 cc dermal fillers.</p>
PRP skin Rejuvenation	<p>This is procedure combining benefits of PRP subcutaneous injections and micro needling. Blood draw and spined to separate into plasma with platelets (PRP) and other blood components. PRP injected to designated areas of the face. Then serum applied to the skin and medical micro needling using electrical needling device is done.</p> <p>The procedure is excellent choice</p>	<p>\$400 (one procedure_</p> <p>\$1050 (three procedures)</p>

Face Aesthetic

Service	Description	Price
EV-PURE+: UCTMSC-N (Umbilical Cord Tissue Mesenchymal Stem Cell Nanoparticles) Skin Rejuvenation	<p>The stem cell nanoparticles is the product made at USA based, FDA supervised lab. Product is made from ethically collected donor human umbilic cords, tested for infections safety and approved for use on the skin. As all stem cell related product at USA, it is considered experimental treatment.</p> <p>The PRP will be harvested as early described. The Vitti-Pure product will be mixed with PRP and then injected in the skin, follow topical application and medical micro needling procedure.</p> <p>This treatment has high potent of skin rejuvenation, healing, anti-aging. It is much more potent then any PRP along treatments.</p>	\$750 (one)
Micro needling Facial for skin rejuvenation and scars reduction.	<p>This is a medical micro needling procedure. A serum will be applied to the top of the skin, then needling will be done using electrical needling device.</p> <p>The procedure allows revision of old scar tissue and more healthy healing, which resulted at scar appearance reduction and correction of superficial skin damage.</p>	\$300 (one) \$750 (three procedures)

Face and Body Aesthetic

Service	Description	Price
Dermal Fillers Injections	Dermal Fillers (Juvederm line) is the past-like hyaluronic acid products, injected at subdermally, creating mechanical support for skin and replacing volume. Can be used for multiple purposes of face appearance correction: nasolabial folds, lips, cheeks, and more.	\$500-550 per 1 cc syringe
Botox Injections	Botox is a botulin toxin product. Injected to the muscle, it caused temporary 3-6 months paralysis, which resulted decrease of motion wrinkles appearance.	\$15 per unit
Nova Threads Face Lift	Nova Threads are PDO Threads, made in USA. It is fully absorbed by hydrolysis within 4 to 6 months & doesn't create any scar tissue. The foreign body stimulates collagen synthesis & the skin structure created will hold for another 12 to 15 months. The threads used for minor non-surgical skin lift, most successful for jaw line, neck and chin (type of thread is "Barb") and to improve skin tidiness at checks, folds, neck (types of tread are "smooth" and "twist")	\$110 per one thread "Barb" \$300 per five "smooth" and "twist" set
PRP Breast Lift	Vampire Breast Lift is an CMS branded procedure. We are the official provider licensed to perform this service. Blood draw and processed into PRP product. PRP injected into decollate area and both breast. This procedure stimulates fat tissue grow in the treated area and minor (up to 1/4 of size) increase of the breast size.	\$ 1200 (one procedure)

Laser services (Aerolase LightPod YAG 1064 laser)

Service	Description	Price
Acute acne treatment	Acute acne lesions treated in according to Aerolase protocols. The treatment resulted of faster resolution of inflamed lesion and decrease re-appearance of the acne on the same spot	\$150 (one) \$380 (pack of three)
Pigmented lesions	Minor pigmented lesion of the skin treated in according to Aerolase protocols, resulting in permanent and semi-permanent resolution of the lesion	\$150 (one) \$450 (pack of four)
Rosacea	Rosacea treated with laser in according to Aerolase protocols	\$150 (one) \$450 (pack of four)
Nail fungus	Nail fungus (hand and feet as needed) treated in according to Aerolase protocols	\$95 (one) \$280 (pack of 3)

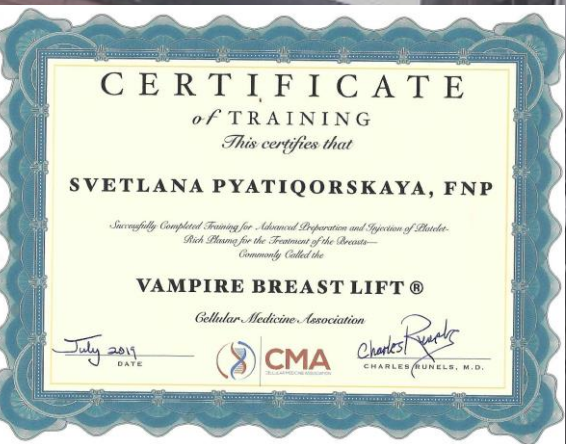
Functional medicine consulting

Service	Description	Price
Weight loss consult	This consult include body composition analysis and development of individual diet plan. Additional appropriate weight loss support pharmaceutical recommended as needed. Allow 30-45 min in the office time.	\$150
Hormonal health consult	This consult will discuss your hormonal health and methods for hormonal optimization. Recommended lab works are required prior to consult and is not included into consult fee. Allow 30-45 min in the office.	\$200
Complex health evaluation	This consult will evaluate your health issue and advise appropriate intervention from perspective of traditional and functional medicine approach. Lab works may be advised and is not included at the cost of consult.	\$200

Lab works

The lab works is a referral service. It is allowing the patient to have lab works which extended beyond focus of traditional medicine. Patient does not pay the provider for those services but will regulate financial obligations with the laboratory providing the test.

Service	Description	Cost (paid to the lab)
Saliva Hormone Test	This is a complex hormonal profile performed at ZRT lab. Unlike blood hormones, it is evaluated intracellular hormone levels. The saliva collected at home. Four time-dependent samples collected through the day, which allows additional benefit of cortisol dynamic evaluation.	\$210
Comprehensive Digestive Stool Analysis 2.0™ without Parasitology	This is a home-collected advanced stool test that provides immediate, actionable clinical information for the management of gastrointestinal health. Utilizing cutting-edge technologies and biomarkers, this test offers valuable insight into digestive function, intestinal inflammation, and the intestinal microbiome. Test provided by Genova Diagnostic.	\$299
The ION® (Individual Optimal Nutrition) Profile with 40 Amino Acids nutritional analysis	<p>The ION® (Individual Optimal Nutrition) Profile with 40 Amino Acids nutritional analysis can help identify nutrient deficiencies that may be a root cause of complex chronic conditions. The ION with 40 Amino Acids is ideal for establishing a baseline assessment ahead of clinical intervention with nutraceuticals as well as subsequent monitoring as needed.</p> <p>By evaluating 150 key biomarkers and ratios, the ION Profile with 40 Amino Acids evaluates organic acids, fat-soluble vitamins, Coenzyme Q10, homocysteine, oxidative stress markers, nutrient and toxic elements, fatty acids, and amino acids.</p> <p>Test provided by Genova Diagnostic.</p>	\$465
Blood works	Blood works as needed. Lab Corp services.	Medical insurance can be used at lab or discuss priced with LabCorp.



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About Provider

Svetlana Pyatigorskaya is a Board-Certified Family Nurse Practitioner and American Board Anti-Aging Health Practitioner. She is the author of the book “Easy Guide To Common Health Topics”. Mrs. Pyatigorskaya is also a VIP speaker at 77 WABC and 105.5 FM HD radio, New York Academy of Medicine and a heroine of TV show “Bez Granits” on NTV America.

